



NEOPOLITAN KNIT COWL

Design by Jill Kilgore/Fiber Floozie Crafts



Featuring FloraFil Bulky Cotton by Made in America Yarns

This is a FREE pattern.

Please tag me @fiberflooziecrafts if you make this cowl.

Look for the free tutorial on my YouTube channel.

Skill Level: Beginner

Cowl Measures Approx. 26 inches around, and 8 inches deep.

Materials

Approx. 200 yards of Bulky # 5 Yarn. The example shown was knit using FloraFil Bulky Cotton from Made in America Yarns, in the color “Brown Galingale”

5.5mm/US 9 Circular Knitting Needle with a 24-inch cord.

1 Stitch Marker, Scissors, Darning Needle for weaving in tails.

Stitch Guide

K=knit Knit -Wise = as if to knit

P=purl Purl -Wise = as if to purl

PM=place marker

Pattern Note:

When changing colors, I like to carry the second strand up with the one I am working with. To do this; bring second color over the one you are using and begin using the new color, that way the second strand is “trapped” and carried up the inside of the work.

To Begin:

Cast on 92 stitches. I used the long tail cast on method.

Join in the round as follows: While being careful not to twist your stitches, slip the last stitch on the left-hand needle over to the right-hand needle, pass the last stitch from the right-hand needle over the stitch just placed

on the right-hand needle. Do not take the stitch off. PM between the two stitches that you just crossed.

Row 1: Begin ribbing; starting with * K2, and then P2. Repeat from * all the way around, ending with P2.

Rows 2-8: Continue K2, P2 rib

Row 9: Knit all stitches.

Rows 10-16: Knit all stitches

Row 17: Purl all stitches. You can decide here if you would like to change colors.

Row 18-22: Knit all stitches. Change colors back if you like.

Row 22-? Continue working several knit rows, and adding a purl row in between. Changing colors whenever you would like.

You are in control of how many knit rows, and how many purl rows you would like to do.

Work in this manner until the piece measures 7 to 8 inches deep.

Finish:

For the last five rounds: Begin working in K2 P2 rib, starting at the marker.

Cast off in pattern: Cast off stitches by working two stitches in pattern and passing them over each other on the right-hand needle (pass knit stitches over knit wise, and purl stitches purl wise on through the back of the stitch), eliminating one stitch each time.